

JOB POSTING - Internal/External



Position: Psychotherapist
Shift: 35hr a week – full time
Hourly: \$55-\$60 (based on experience)
Start: Immediately
Closing: April 27th, 2026
Location: 22 Vaughan Road



Background

Auduzhe Mino Nesewinong (Place of Healthy Breathing) is an Indigenous-led primary health care initiative that has supported First Nations, Inuit and Métis (FNIM) community members for more than 5 years. Grounded in Indigenous values, self-determination, and relationship-based care, Auduzhe was established to address systemic barriers experienced by FNIM peoples. Through trusted community partnerships and outreach-based service delivery, Auduzhe has grown into an interdisciplinary primary health care model that provides culturally safe, trauma-informed, and wholistic care across the continuum, including health promotion, disease prevention, mental health and wellness, and primary care services. Embedded within Na-Me-Res (Native Men's Residence), Auduzhe also supports Indigenous men residing at the shelter by delivering culturally safe, trauma-informed primary health care and mental wellness services in a familiar and trusted setting. Auduzhe's approach prioritizes community-identified needs, continuity of care, and coordination with Indigenous and allied service providers, while advancing Indigenous ways of knowing and being within primary health care settings.

Main Function

Auduzhe is seeking a full-time Psychotherapist to join our Indigenous-led interdisciplinary primary health care team. The successful candidate will have experience working with First Nations, Inuit and Métis (FNIM) communities and a demonstrated commitment to providing culturally safe, trauma-informed, and wholistic care. This role supports individuals, families, and communities with complex mental health and wellness needs, within a collaborative, community-based primary care setting.

This role is primarily focused on supporting First Nations, Inuit and Métis (FNIM) community members, including individuals who are vulnerable, structurally marginalized, and/or experiencing homelessness or housing insecurity. Candidates must demonstrate a strong commitment to culturally safe, trauma-informed, and anti-oppressive practice, and an understanding of the impacts of colonialism, intergenerational trauma, and social determinants of health.

Duties and Responsibilities

The Psychotherapist will provide psychotherapeutic assessment and treatment to First Nations, Inuit and Métis (FNIM) community members, while working collaboratively within an interdisciplinary Indigenous-led primary health care team. Services are delivered in both community-based and on-site shelter settings, in close coordination with primary care, mental health, and social service partners.

Key responsibilities include:

- Provide individual psychotherapy and facilitate group treatment for a range of mental health and wellness concerns, including trauma, mood and anxiety disorders, substance use, grief, and adjustment related to homelessness and systemic marginalization.
- Conduct mental health assessments, develop collaborative and wholistic treatment plans
- Deliver services in person, or virtually, while ensuring culturally safe care, privacy, and appropriate risk assessment and management.
- Maintain timely, accurate, and comprehensive clinical documentation
- Work collaboratively with physicians, nurses, Traditional Healers, Elders, and allied health providers to support coordinated, client-centered care and appropriate referrals.

- Support or facilitate group programming, wellness activities, and psychoeducational sessions related to mental health, trauma, resilience, and overall wellness, as identified by community need and program priorities.
- Participate in clinical supervision, team meetings, case conferences, and cultural learning opportunities to support quality of care, ethical practice, and ongoing professional development.
- Engage with community resources and service providers to support care coordination
- Provide cultural safety, trauma-informed and anti-oppressive practices, and demonstrate respect for Indigenous ways of knowing and being in all aspects of service delivery.
- Perform other duties as required to support the goals and operations of Auduzhe Mino Nesewinong and Na-Me-Res.

Qualifications

The successful candidate will possess: A Master's degree (or higher) in Psychology, Social Work, Psychotherapy or a related discipline, with a preferred minimum of three (3) years of direct clinical experience providing mental health and/or addictions treatment. The successful candidate must be comfortable working independently, managing a caseload with a high degree of clinical judgment, accountability, and professionalism, while remaining connected to an interdisciplinary team.

Na-Me-Res encourages First Nation, Inuit, and Métis applicants to apply. Please identify in their cover letter, and with connections to their community. We thank all applicants for their interest, however, only those select for an interview will be contacted. If you are invited to an interview and require accommodation, we will make every effort to accommodate you.

A resume, cover letter, and references can be sent to:

Email: jobs@nameres.org
Fax: (416) 652-3138
Mail: Na-Me-Res (Native Men's Residence) Human Resources
 26 Vaughan Road, Toronto, ON M6G 2C4
(Hand delivered applications will not be accepted)